

Agenda

Time	Activity	Facilitator	Location
November 12 7:00-8:00 pm & November 13 7:30-8:30 am	Registration	Native Networks Hostess	Ballroom
Day One November 13th			
Time	Activity	Facilitator	Location
7:30 am	Registration & Breakfast	Native Networks Hostess	Ballroom
9:00 am	General Assembly & Welcoming Remarks	Master of Ceremonies Florence Large	Ballroom
9:45 am	Healthy Refreshment Break		Ballroom
10:00 am	Reflections of Ourselves: Self Care	Presenter Inez Jasper	Ballroom
12:00 pm	Lunch Break		Ballroom
1:00 pm	Balancing Your Personal Medicine Wheel	Presenter Denise Toner	Ballroom
3:00 pm	Healthy Refreshment Break		Ballroom
3:15 pm	Native Talking Circle	Master of Ceremonies Florence Large	Ballroom
4:00 pm	End of Day - Recap Day 1	Master of Ceremonies Florence Large	Ballroom
7:00-8:30 pm	Evening Activity > Wellness Techniques > Music & Song > Stretching & Meditation	Master of Ceremonies & Presenters	Ballroom
Day Two November 14th			
Time	Activity	Facilitator	Location
8:45 am	Gathering	Master of Ceremonies Florence Large	Ballroom
9:00 am	Back to the Basics	Presenter Michelle Nieviadomy	Ballroom
11:00 am	Healthy Refreshment Break		Ballroom
11:15 am	Native Talking Circle	Master of Ceremonies Florence Large	Ballroom
12:00 pm	Lunch Break		Ballroom
1:00 pm	Our Stories: Past to Future	Presenter Inez Jasper	Ballroom
3:00 pm	Healthy Refreshment Break		Ballroom
3:15 pm	Closing Ceremonies > Evaluations > Certificate Presentation > Next Retreat Closing Prayer	Master of Ceremonies Florence Large	Ballroom



Contact:

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