

Native Women's Wellness Retreat Agenda

November 9th & 10th, 2010

Mayfield Inn & Suites, Conference Center - Edmonton, Alberta

"Intended for First Nation, Metis & Inuit Women"

Registration Day Monday, November 8, 2010

6pm to 8pm

Native Networks Hostess

Finalize your registration – Pallisades Room

Get all of your Retreat information

Day One

Tuesday, November 9th, 2010

7:30 am

Native Networks Hostess

Registration Available

8:45 am

Opening Ceremony

Elder Liz Hardy – Sioux Nation

Master of Ceremonies

Dr. Maggie Hodgson – Carrier Nation,

An introduction of "Native Women's Wellness Retreat's"

9:45 am

Health Break

15 Minutes for your break

10:00 am

Dr. Betty Bastien – Blackfoot Nation

Workshop

"De-Colonization – Indigenous ways of Learning"

12:00 pm

Lunch

Full lunch buffet served in the "Garden Courtyard"

1:00 pm

Sylvia Maracle – Mohawk Nation

Workshop

"Passages of Womanhood"

3:00 pm

Health Break

3:15 pm

Native Talking Circle

An explanation and small groups will be organized

4:00 pm

Dr. Maggie Hodgson

Closing comments with prayers and songs

Reserve Your Seat Now!

Register by Calling in to: 1-866-792-4844

Online Registration: www.nativenetworks.ca

Fax your Registration to: 1-866-836-9599

Native Women's Wellness Retreat Agenda

November 9th & 10th, 2010

Mayfield Inn & Suites, Conference Center - Edmonton, Alberta

"Intended for First Nation, Metis & Inuit Women"

Day Two

Wednesday, November 10th, 2010

8:45 am

Gathering and Day Ceremony

Master of Ceremonies

Dr. Maggie Hodgson – Carrier Nation,

Visiting Elder's Prayer and Smudging Ceremony

9:00 am

Dr. Cora Weber-Pillwax – Cree Nation

Workshop

"Standing up in support of Life: Lessons from Strong Women"

11:00 am

Health Break

11:15 am

Native Talking Circle

Small groups

12:00 pm

Lunch

Full lunch buffet served in the *"Garden Courtyard"*

1:00 pm

Chief Charlene Belleau – Shuswap Nation

Workshop

"Residential Schools – Discovering a New Healing Path"

3:00 pm

Health Break

15 Minutes for your break.

3:15 pm

Dr. Maggie Hodgson – Carrier Nation,

Master of Ceremonies

The Closing is special. We have structured it in a wonderful way to offer you support to your happiness. Songs, final exercises, gifts are all a part of the secrets to help complete your Retreat in a peaceful way!

Full Details & Information:

www.nativenetworks.ca

"We look forward to meeting you!"

Reserve Your Seat Now!

Register by Calling in to: 1-866-792-4844

Online Registration: www.nativenetworks.ca

Fax your Registration to: 1-866-836-9599